



Radial Post-Op Instructions:

- No driving for 24 hours.
- No alcohol for 24 hours.
- Do not stay alone for 24 hours.
- Do not sign important paperwork for 24 hours.
- No lifting more than 10 pounds for 1 week make any sweeping or raking motions until after your follow up appointment .
- You may remove the dressing in 24 hours. You may replace it with a band aid if needed.
- Drink several glasses of water for the next 2-3 days to flush out the contrast dye.

****If you take Metformin or Metformin containing medications, please do not take those medications until _____.

Watch wrist for bleeding or swelling. If bleeding occurs, hold pressure and call your physician

Watch wrist for excessive bruising or a hard knot (hematoma). If these occur, hold pressure and call your physician

Watch for signs and symptoms of infection (redness, fever, foul smell or drainage) and report these to Heart South at 205-663-5775

Thereafter: Please return to the office for your scheduled follow up appointment on:

_____ at _____ with _____.

Designee/ Patient: _____

Date: _____

Witness: _____

Date: _____

If you have any questions or concerns, please feel free to call our office.

**1022 1st street North Suite 500
Alabaster, AL 35007
205-663-5775**

