



Pedal Discharge Instructions:

- No driving for 24 hours.
- No alcohol for 24 hours.
- Do not stay alone for 24 hours.
- Do not sign important paperwork for 24 hours.
- Limited activity for the next 24 hours.
- No lifting more than 10 pounds for 1 week.
- Drink several glasses of water for the next 2-3 days to flush out the contrast dye.
- You may remove the dressing in 24 hours. You may replace it with a band aid if needed.

****If you take Metformin or Metformin containing medications, please do not take those medications until _____.

Watch foot for bleeding or swelling. If bleeding occurs, hold pressure and call your physician.

Watch foot for excessive bruising or a hard knot (hematoma). If these occur, hold pressure and call your physician.

Watch for signs and symptoms of infection (redness, fever, foul smell or drainage) and report these to Heart South at 205-663-5775.

Thereafter: Please return to the office for your scheduled follow up appointment on:

_____ at _____ with _____.

Designee/ Patient: _____

Date: _____

Witness: _____

Date: _____

If you have any questions or concerns, please feel free to call our office.

1022 1st street North Suite 500

Alabaster, AL 35007

205-663-5775

