

RENAL/AAA ULTRASOUND TESTING PREP

- NO food or drink by mouth starting at midnight the night before the test.
- Please be prepared to change into a gown for the test.
- Take GasX the night before and the morning of the test.

Please be prepared to be in our office for 1 to 2 hours for this test.

PET SCAN PREP

- No caffeine products 24 hours prior.
- No decaffeinated products for 24 hours prior (Milk, juice, and water are okay)
- No eating or drinking anything besides water for 4 hours prior.
- No smoking or chewing tobacco products for 4 hours prior to the scheduled time of your test.
- No nicotine patch should be used for 4 hours prior to the scheduled time of your test.
- Do not use Viagra, Cialis, or Levitra for 36 hours prior to the scheduled time of your test.
- Women should wear a two-piece outfit and avoid wearing a dress. Men should wear a two-piece outfit and avoid wearing overalls. Avoid metal buttons or snaps on top,
- If you have been prescribed Xanax, please make sure you have a driver.**Arrive one hour prior to scheduled test time if you are taking xanax for the test.**

Please be prepared to be in our office for 2 hours for this test.

CT PREP

- Drink 64 oz of water the day before the test.
- Do not eat or drink 4 hours prior to the test.
- Do not take any oral diabetic medications the morning of the test.
- Women should wear a two-piece outfit and avoid wearing a dress. Men should wear a two-piece outfit and avoid wearing overalls. Avoid metal buttons or snaps on top.

Please be prepared to be in our office for 1 to 2 hours for this test.

NUCLEAR STRESS TEST PREP

- No caffeine products 24 hours prior.
- No decaffeinated products for 24 hours prior (Milk, juice, and water are okay)
- No chocolate for 24 hours prior
- No eating or drinking anything besides water for 4 hours prior.
- No smoking or chewing tobacco products for 4 hours prior to the scheduled time of your test.
- No nicotine patch should be used for 4 hours prior to the scheduled time of your test.
- Do not use Viagra, Cialis, or Levitra for 36 hours prior to the scheduled time of your test.
- If you use an inhaler, please bring it with you.
- Women should wear a two-piece outfit and avoid wearing a dress. Men should wear a two-piece outfit and avoid wearing overalls. Avoid metal buttons or snaps on top. Bring a comfortable pair of walking shoes or sneakers in the event they are needed.

Please be prepared to be in our office for 3-4 hours for this test.



**IF YOU HAVE ANY
QUESTIONS, GIVE US A
CALL**

205-663-5775

**OR VISIT
HEARTSOUTHPC.COM**

**IF YOU NEED TO CANCEL, PLEASE
CALL US 48 HOURS IN ADVANCE.**



**LEARN MORE BY SCANNING THIS
CODE!**



DIAGNOSTIC PREP SHEET

Your guide to preparing for a diagnostic test at Heart South

You are scheduled for:

- NUCLEAR STRESS TEST**
DATE: _____
- PET SCAN**
DATE: _____
- CT SCAN**
DATE: _____
- RENAL/ AAA TEST**
DATE: _____
- ULTRASOUND/ ECHOCARDIOGRAM**
DATE: _____

