

## **RENAL/AAA ULTRASOUND TESTING PREP**

- NO food or drink by mouth starting at midnight the night before the test.
- Please be prepared to change into a gown for the test.
- Take GasX the night before and the morning of the test.

*Please be prepared to be in our office for 1 to 2 hours for this test.*

## **PET SCAN PREP**

- No caffeine products.
- No decaffeinated products (Milk, juice, and water are okay).
- No smoking or chewing tobacco products for 4 hours prior to the scheduled time of your test.
- No nicotine patch should be used for 4 hours prior to the scheduled time of your test.
- Do not use Viagra, Cialis, or Levitra for 36 hours prior to the scheduled time of your test.
- Women should wear a two-piece outfit and avoid wearing a dress. Men should wear a two-piece outfit and avoid wearing overalls. Avoid metal buttons or snaps on top,
- If you have been prescribed Xanax, please make sure you have a driver.

**\*\*Arrive one hour prior to scheduled test time.**

*Please be prepared to be in our office for 2 hours for this test.*

## **CT PREP**

- Drink 64 oz of water the day before the test.
- Do not eat or drink 4 hours prior to the test.
- Do not take any oral diabetic medications the morning of the test.
- Women should wear a two-piece outfit and avoid wearing a dress. Men should wear a two-piece outfit and avoid wearing overalls. Avoid metal buttons or snaps on top.

*Please be prepared to be in our office for 1 to 2 hours for this test.*

# NUCLEAR STRESS TEST PREP

- No caffeine products
- No decaffeinated products (Milk, juice, and water is okay)
- No smoking or chewing tobacco products for 4 hours prior to the scheduled time of your test.
- No nicotine patch should be used for 4 hours prior to the scheduled time of your test.
- Do not use Viagra, Cialis, or Levitra for 36 hours prior to the scheduled time of your test.
- If you use an inhaler, please bring it with you.
- Women should wear a two-piece outfit and avoid wearing a dress. Men should wear a two-piece outfit and avoid wearing overalls. Avoid metal buttons or snaps on top. Bring a comfortable pair of walking shoes or sneakers in the event they are needed.

*Please be prepared to be in our office for 3-4 hours for this test.*



**IF YOU HAVE ANY  
QUESTIONS, GIVE US A  
CALL**

**205-663-5775**

**OR VISIT  
HEARTSOUTHPC.COM**



## DIAGNOSTIC PREP SHEET

*Your guide to preparing for a diagnostic test at Heart South*

*You are scheduled for:*

- NUCLEAR STRESS TEST**  
DATE: \_\_\_\_\_
- PET SCAN**  
DATE: \_\_\_\_\_
- CT SCAN**  
DATE: \_\_\_\_\_
- RENAL/ AAA TEST**  
DATE: \_\_\_\_\_
- ULTRASOUND/ ECHOCARDIOGRAM**  
DATE: \_\_\_\_\_

