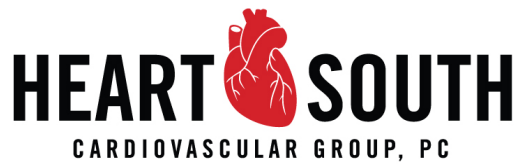


Heart South Imaging Department

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Instructions for Heart South Imaging

At Heart South Cardiovascular Group, PC, we want for you to be comfortable and prepared before your upcoming test. Please follow the instructions below that coordinate with your scheduled test.

Ultra Sound

Preparation is only needed for the Renal/AAA testing:

- NO food or drink by mouth starting at midnight the night before the test.
- We ask that you take an over the counter medication such as Gas-X the night before and the morning of your test.
- No smoking, chewing tobacco products or nicotine patch for 4 hours prior to the scheduled time of your test.
- No chewing gum for 4 hours prior to your scheduled time of your test.

Nuclear

1. No caffeine, decaffeinated, or chocolate products for 24 hours prior to your test. (Including coffee, tea and soft drinks)
2. Do not eat or drink (with the exception of water) 4 hours prior to the schedule time of your test.
3. No smoking or chewing tobacco products for 4 hours prior to the schedule time of your test. No nicotine patch should be used for 4 hours prior to the scheduled time of your test.
4. Do not use Viagra, Cialis, or Levitra for 36 hours prior to the schedule time of your test.
5. Women should wear a two piece outfit and avoid wearing a dress. Men should wear a two piece outfit and avoid wearing overalls. Avoid metal buttons or snaps on top. Bring a comfortable pair of walking shoes or sneakers in the event they are needed.

If your physician decided a SPECT study is best for you, you should be prepared to be in our office for 3-4 hours.

If your physician decides a cardiac PET study is the best test for you, you will be in our office for approximately 1-1 1/2 hours.

CT

1. Drink 64 oz of water the day before the test.
2. Do not eat or drink 4 hours prior to the test.
3. Do not take any oral diabetic medications the morning of the test.